



## Who We Are

Making Strides is an organization that is committed to making a difference in the lives of children on the autism spectrum so that they can achieve their highest potential. Our vision is to provide a fully-equipped therapeutic facility that will assist children who are affected by Autism Spectrum Disorder (ASD). This facility will provide occupational therapy (OT) equipment, valuable services and appropriate learning experiences that will enhance the future for children who have specialized needs. Our immediate goal is to establish ourselves as a non-profit organization and to raise money for the purchase of occupational therapeutic equipment and other learning materials.

## The Event

Making Strides is hosting a 5K Run-Walk. The proceeds will go towards therapeutic equipment that will benefit the children at Blue Hill Consolidated School (BHCS).

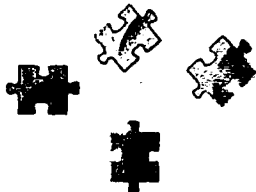
## Event Dates and Times

Saturday, October 24, 2009 (rain or shine!)

5K Fitness Run-Walk

Registration at 9:00 a.m.

Run-Walk begins at 10:00 a.m.



**Following the Run-Walk there will be entertainment by the 7th & 8th Grade Combo**

**Kid Activities & Lunch Served by the PTF**

## The Course

This is approximately a 5K (3.1 mile) course. The Run-Walk starts and finishes at the Blue Hill Consolidated School (BHCS) parking lot. The route will follow Parker Point Road to the Blue Hill Country Club and back.

## Entry Fee

The suggested entry fee is \$100. Participants are encouraged to find sponsors. Pledge sheets are available at BHCS (374-2202). If collecting funds from sponsors, please make sure checks are made payable to: BHCS (Please write "Making Strides" on the memo line). Donations are accepted and appreciated.

## Short-Sleeved T-shirts

Participants who pay the suggested entry fee of \$100 will receive a free t-shirt with the 'Making Strides 5K Run-Walk' logo on it (while supplies last).

## Registration

To register by mail:

Send in registration form, pledge sheet and collected funds to:

Making Strides  
c/o Blue Hill Consolidated School  
60 High St.  
Blue Hill, ME 04614

To register in person:

You may register in person the day of the race from 9:00 a.m. to 10:00 a.m. at the Registration Booth in the BHCS parking lot. Please bring in your completed registration form (or fill out there) along with your pledge form and collected funds.

## Awards

Prizes will be awarded to the following categories for the Most Funds Collected ...:

Businesses Team/Group (non-business) Individual Adult Individual Teen (high school) Individual Youth (K-8th)

## Contact

If you would like to volunteer or need more information, please feel free to contact the following individuals:

**Katy Lacasse, PRESIDENT**  
266-5434  
katyelacasse@yahoo.com

**Shani Billings, VICE-PRESIDENT**  
374-5504  
smb.4@hotmail.com

**Tera Gellerson, TREASURER**  
664-3372  
teraandtoddd@gmail.com

**Katie Danielson, SECRETARY**  
266-7787  
kdanielson@bhcs.org



## Registration Form

Saturday, October 24, 2009 (rain or shine!)  
5K Fitness Run-Walk  
Registration at 9:00 a.m.  
Run-Walk begins at 10:00 a.m.

NAME \_\_\_\_\_

BUSINESS / ORGANIZATION \_\_\_\_\_

ADDRESS (Mailing) \_\_\_\_\_

PHONE # \_\_\_\_\_ E-MAIL \_\_\_\_\_

Registration Fee:  \$100 Entry Fee (suggested)  Other: \$ \_\_\_\_\_  Cash  Check

*Make checks payable to: BHCS (please write "Making Strides" on the memo line)*

### Participating as:

Please check the box that applies ...

Business  Team/Group (non-business)  Individual Adult  Individual Teen (high school)\*  Individual Youth (K-8th)\*

\* I give permission for my teen / youth to participate in the Making Strides 5K Run-Walk Fundraising Event.

\_\_\_\_\_  
*Signature of Parent / Guardian of Teen or Youth Participant*

\_\_\_\_\_  
*Phone #*

\_\_\_\_\_  
*Date*



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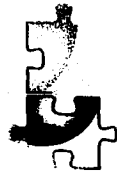
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\_\_\_\_\_  
*Date*



# MAKING STRIDES

uniting family, friends & community in their battle against autism

*Making Strides*



Please make checks payable to: BHCS (Please write "Making Strides" on the memo line).

*Thank you for your support and encouragement.*

to the Blue Hill Country Club and back.

This 5K (3.1 mile) run-walk course will start and finish at the Blue Hill Consolidated School parking lot. The route will follow Parker Point Road

Hello, my name is \_\_\_\_\_ and I will be participating in the Making Strides 5K Run-Walk on Saturday, October 24th, 2009 in Blue Hill, Maine. This fundraising event will benefit Making Strides, an organization whose immediate goal is to raise money for the purchase of occupational therapeutic equipment. This equipment will benefit children at Blue Hill Consolidated School (BHCS).

**PARTICIPANTS:** By signing this information is filled out completely. Check sheets & funds must be turned in by **Race Day**. Thank you very much for your involvement in this event!

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

NAME	ADDRESS	PHONE #	E-MAIL	PLEDGE	PAID
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